

## A Chair with <br> Precision Ergonomics

Please recognises that everybody has their own way of working and their own way of sitting. Based on research, the Please chair mimics the designed to facilitate task-intensivenge postures throughout the day. His high levels of concentration and heavy computing Please also supports
 whether you prefer to sit upright or in a relaxed, reclined position.

Unique to Please is a streamlined backrest that incorporates the LTC support system (Lumbar Thoracic Cervical). The lumbar and thoracic sections are connected yet they function independenty of each other re unique ergonomic requirements.



Be in motion

$$
\begin{aligned}
& \text { At work or at home, we spend most of our time } \\
& \text { in a seated position. Yet, our bodies and our } \\
& \text { minds are designed to work best when dynamic } \\
& \text { and flexible. }
\end{aligned}
$$

Employees need to be supported by highly ergonomic chairs that support the body as it moves, promote movement and are comfortable for long periods of time. What's more, they need intuitive adjustments to accommodate a wide range of users These key insights drove the development of the Please chair.

We spend 75.000 hours of our life sitting in the office.


## Our unique motion study

At Steelcase we base our seating solutions on a scientific understanding of spinal motion and posture because
the user is our research material. That's why we intensively study the ways people sit working individually - and how they move while seated - giving us a deep insight into the biomechanics of the human body in the seated position.

## 4 YEARS

732 PARTICIPANTS
27 SCIENTISTS

## 4 UNIVERSITIES

## 3 DISCOVERIES

1
the spine doesn't move as a single unit
As you change posture, the upper and lower regions
of the spine move independently not as a single unit. When the top of the spine leans backward, the bottom arches forward.

## 2

EACH INDIVIDUAL SPINAL MOTION IS UNIQUE
Each of us has unique spinal motion, a 'spine print' that is as individual as a fingerprint, and changes as our posture varies throughout the day.

3

THE UPPER AND LOWER BACK REQUIRE DIFFERENT AMOUNTS AND KINDS OF SUPPORT

Our need for upper back support increases when we recline, but our lower spine requirements remain more or less the same.

Our unique Please chair
The Please chair incorporates the findings from the motion study and years of Steelcase expertise on seating Based on research, the Please chair mimics the movement of your spine as you change postures throughout the day. Precision adjustments allows each unique individual to tailor the chair to suit their needs.


## Please task chair

Elegant silhouette
The trimmed seat offers a slender, elegant profile, while design accents
such as new signature stitching, stitching details, lux paint and hubless
casters highlight the beauty that lies in the details.

## Please Air task chair

A fresh take
Combining the iconic LTC² back with a self-supporting mesh, Please Air
offers a modern aesthetic fit for the office or home. An innovative patented
manufacturing process ensures the mesh fabric fits seamlessly, providing even tension and exceptional comfort.


21-0159169

Executive task chair


20-0140544

Task chair with
signature stitching


20-0141403

Task chair with lux base


Task chair with seagull frame


21-016522
Task chair with black frame


21-0165219



Task chair


Task chair with armests



ARMRESTS (OPTIONAL)

 adiustable plain arms
Not for Executive

vholstered height, depth, angle adiustable
Only for Executive

## FEATURES + OPTIONS

Arms:

- Armess, 1D, 3D and 4D arms available

Base:

- Aluminum and polished aluminum
- Metallic LUXX paints (only available with black frame)

Upholstery:

- Seat upholstery standard or stitched Castors ( 65 mm ):
: Hard or soft braked castors
0 Hard or soft rubless braked
- Hard or soft hubless braked castors

SURFACE MATERIALS

| Available Frame Finishes: | Recommended Fabrics: |  |  |
| :---: | :---: | :---: | :---: |
| $\square$ Black Seagull | $\begin{aligned} & \text { Atlantic } \\ & \text { Era } \end{aligned}$ | Lucia | Gaja <br> Europe leather |
| Available Lux Base Finishes: | Colours are representative and may vary slightly from actual material. For further options, visit us online. |  |  |
| $\square$ Obsidian 4B20 Burnished Bronze 4B23 |  |  |  |
| Matte brass 4B22 $\quad$ Night Bronze 4B24 |  |  |  |
| Matte Copper 4B25 |  |  |  |
| Mesh back (Grid) available in 6 colours: |  |  |  |
| ■ Black KRO1 - Lagoon KR04 |  |  |  |
| - Merle KR02 Latte KR05 |  |  |  |
| $\square$ Scarlet KR03 - Seagull kR06 |  |  |  |

